

DISCLOSURE AND WAIVER OF LIABILITY AGREEMENT

1. Tamar Feldman, RDN CDCES and Aliza Steier RDN of Fit and Thin Nutrition, LLC are Registered Dietitians and do *not* function as physicians, diagnose or treat disease, nor do their services replace the necessary services of a licensed physician. Tamar Feldman, RDN CDCES and Aliza Steier RDN provide nutrition, supplement usage, and lifestyle recommendations only and are not licensed to diagnose a medical condition or illness. The client must consult a physician for any medical advice.
2. Tamar Feldman, RDN CDCES and Aliza Steier RDN of Fit and Thin Nutrition, LLC make no representations, claims, or guarantees regarding the efficacy of her recommendations. The recommendations are based upon a combination of her nutrition and functional medicine education and experience and knowledge of natural health literature. A nutrition consultation as provided by Tamar Feldman RDN CDCES or Aliza Steier RDN does not constitute a medical service or health care treatment.
3. Individualized recommendations are offered and applied as an educational and informative consultation. Any action taken as a result of the consultation is done at the sole discretion and risk of Client. Therefore, it is strongly recommended that in addition to any health consultation that you maintain a relationship with one or more physicians qualified to care for health condition(s). For example, in the case of children you are advised to seek the advice of a pediatrician; if you have gastrointestinal disease, consult with a gastroenterologist; and if you have cancer, consult with an oncologist, etc.
4. Client's signature verifies that Client has not been told to discontinue treatments with any other medical specialists or other health care providers. Client's signature is being given prior to rendering any service, advice, and/or recommendations whatsoever.
5. Client agrees to give a complete and accurate account of all medical conditions that the client has, and any medications/supplements the client is taking.

By signing below, you agree to comply with the above policies and acknowledge that you understand all terms, verbiage (language) and concepts herein, and that you agree not to hold Tamar Feldman RDN CDCES or Aliza Steier RDN of Fit and Thin Nutrition, LLC liable for any costs or damages related to the services provided

I understand this consent agreement and have executed it freely and willingly.

Client Signature: _____

Printed Name: _____

Date: _____